



Eveline Couvee



**44-daagse
programma**

*Leef je gro'
dromen!*

Train your Self-Confidence Muscles!

***Start living your bigger
dreams!***

Welcome!

Thank you for your interest! I really appreciate you visiting my platform. If you are anything like me, you would like to continue to develop yourself and continue to teach yourself new things. You also know that there is still so much to learn, but also so much to “unlearn”!

You've come to the right place to take your next step and start living your bigger dreams!

Don't you want to build a better future for yourself and your environment with growing self-confidence, resilience, joy, calmness, a peaceful heart, creativity and a powerful and integer mindset? We are often so caught up in the hustle and bustle of life that we no longer really realize that we are being lived and that we are not really living our own life. We once had our own dreams, and then we find that they have slipped through our hands.

My program will help you break through this and get back to start working on your bigger dreams again!

If this resonates with you then I have the perfect online program for you! No matter how busy you are, making sure you take at least 10 minutes a day for yourself will go a long way. A beautiful digital card with a short text awaits you every day for 44 days, showing insights and small actions that invite you to activate the energy of your day in a positive way.

You're going to like it! You will also receive a beautiful roadmap to prepare yourself beforehand to go on your exciting journey.

In 2012 I developed a booklet & CD in which I guide people through the 7 chakras to more lightness and joy! In 2015 I wrote the book “Catch the magical moments of the day” in which I guide the reader in 7 steps to a more organized and fulfilled life.

After that I also developed a card deck with the same name.





LIVE YOUR
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1 The 44-day online program has become an in-depth and merger of the products mentioned above. They invite you to get out of your head and into your heart. All cards are induced with the energy of a specific light catcher, which continues to activate their magic and healing across time and space. By this I mean that they will help you to go through your specific blockages with much more lightness and joy and to transform them into something that will help you.

Your self-confidence grows and you start to see your discomfort with increasing ease. Life is getting interesting again!

2 The Vibration of playfulness, fun and laughter!

I will take you on a (16 minute) beautiful journey (audio) to meet your guide who will help you on your journey. You can do this every day, whenever you need to. It will help you to increase the energy in your body and therefore in your daily life, so that you will attract more and more positive experiences.

3 Activating the Principles of Prosperous Abundance!

I will take you on a journey (14 short videos) through the principles that activate prosperous abundance. They will help you to look at everything differently, more positively. Your perception changes, which changes your results. Step by step.

The program will help you to:

- focus more
- build stronger concentration
- have more peace in your head
- stay more grounded in your body
- let go of old fears
- let go of resentment and negative emotions
- change unhelpful habits.

By following the program step by step, you will permanently implement positive changes in your life.

The program increases or strengthens your:

- creativity
- resilience
- intuition
- joy
- playfulness
- thinking
- feelings
- body
- free will
- memory

So not only do you get the :

1 **Start living your bigger dreams!** 44-day program with a beautiful roadmap, that waits for you every morning for 44 days to give you a boost to start living your bigger dreams, but you also get the:

2 **The vibration of playfulness, fun and laughter!** 1 6-minute guided meditation, and not to forget:

3 **The principles of prosperous abundance!** 14 short videos to understand and attract the principles of prosperity in more depth.

If you really go for it, your understanding will change so beautifully, making you understand everything differently and more beautifully. It really works!

Nothing fills my heart more than when participants understand themselves on a deeper level who they really are and why they do what they do and that they can really change things for the better if they want to.

The program invites them to take the next step on their path to greater fulfillment and living their bigger dreams.

The program can do this for you too!

Love Eveline

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- Transformational Coaching in a Sound & Rhythmic Vibration
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